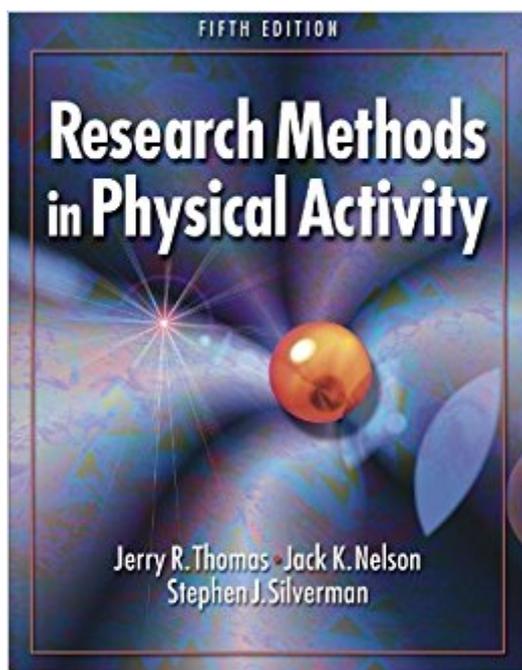


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# Research Methods In Physical Activity - 5th Edition



## Synopsis

Many students fear and loathe research methods classes, which conjure up images of musty, dusty books, boredom, and confusion. Students have a welcome surprise waiting for them with *Research Methods in Physical Activity, Fifth Edition*, as the text effortlessly guides them through the research process. This latest edition of this internationally recognized textbook does not rest on its laurels as the leading research methods text. The authors have updated the resource in order to provide the following benefits:

- Shed new light on the research process, particularly regarding use of library facilities
- Enhance students' understanding of basic statistical calculations and the relevance of their uses
- Present a major revision to the chapter on qualitative research and contributions from eminent scholars to the chapters on historical, epidemiology, and philosophic research
- Increase students' understanding of how to write research reports

Carry the readers through the book by introducing three graduate students studying research methods, one of whom brings a special comical spin to the material. In addition, the text presents a new chapter on using power to plan and interpret research and provides information on traditional perspectives and alternative approaches to the research process. As a result, readers:

- understand the essentials of the research process;
- appreciate statistical analyses common to research studies;
- learn the basics of planning research and linking appropriate statistical packages with specific research designs;
- discover how to bring together all the components of the research process and lay them out, in appropriate formats, for dissemination to user groups; and
- gain access to a variety of tools to present or reinforce concepts presented in the book.

*Research Methods in Physical Activity, Fifth Edition*, retains its strengths from the previous edition. The text is arranged in four parts that systematically guide the reader through the research process. It introduces readers to statistical and measurement issues in research and presents various types of, and approaches to, research. The new edition helps readers understand the complete research process, and it thoroughly arms them with practical research tools. For instructors teaching a research methods course, an instructor guide, test package, and presentation package specific to the textbook are available. *Research Methods in Physical Activity, Fifth Edition*, demonstrates that research processes are not to be feared. To the contrary, they are useful tools to be used by students and professionals. This point is emphasized as authors regularly use humorous anecdotes, sketches, and corollaries to enliven the reading and drive home key points. This text removes the fear and confusion often associated with the research process and shines a light on all the aspects of research that readers need to know—whether it's reading, understanding, planning, carrying out, writing, or presenting research.

## Book Information

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## Customer Reviews

"Renowned scientists, researchers, and writers Thomas and Nelson have authored a valuable resource for beginning and advanced graduate students and professionals. Research Methods in Physical Activity contains the essential information written in an easily comprehended manner that readers will appreciate. Avoiding an anxiety-laden tone often found in books about research methodologies, the authors instead put readers at ease, then supply them with the requisite tools for reading, conducting, and utilizing research. Research Methods in Physical Activity, unique for its stylistic and inviting presentation, is a book students will both enjoy and understand. Buy two copies: one for professional use and the other to give anyone who has appreciation for scientific methodologies generously laced with intelligent humor. It is rare to find textbook authors who write both competently and with humor as Thomas and Nelson have done!"Darrell Crase, PhDProfessor, The University of Memphis (review of the third edition)

“Renowned scientists, researchers, and writers Thomas and Nelson have authored a valuable resource for beginning and advanced graduate students and professionals. Research Methods in Physical Activity contains the essential information written in an easily comprehended manner that readers will appreciate. Avoiding an anxiety-laden tone often found in books about research methodologies, the authors instead put readers at ease, then supply them with the requisite tools for reading, conducting, and utilizing research. Research Methods in Physical Activity, unique for its stylistic and inviting presentation, is a book students will both enjoy and

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—Darrell Crase, PhD Professor, The University of Memphis (review of the third edition)

I bought this book for an online course I am taking as part of my masters degree. It is a book that teaches you about how to perform research in various areas of physical education and exercise science. Most of these types of books are very boring and difficult to read. These authors use humor to help teach almost every concept. The only thing they can't make humorous is the equations. I would not recommend this book for recreational reading but is a good research method textbook. I used the two day shipping because I needed the book fast for an assignment and it came exactly when they said it would.

This book was helpful for the class I used it in. However, the authors seemed to make it into a joke so that took away from the content they were trying to convey.

To be honest, according to its complexity, this is one of the best book in the sport field I have ever read. It covers quite large amount of topics: from sport ethics to statistics.

Good book

Book arrived in perfect conditions.

It was the book I needed for a good price to rent

Necessary for a class, but had all the information I needed. Could have had more flair to make it more interesting to read.

Awesome

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